

Happy Feet Classes run for 1.5 hours per week and are aimed at children aged 3 & 4 (basically Pre School).
Rockhopper Classes run for 2 hours per week and are aimed at children aged 5-9 years old. We run classes at 3 different times on a Sunday and places are allocated on a first come, first served basis. We pride ourselves on our small group sizes and usually with a ratio of child to instructor of 4:1. These are group lessons therefore there may be a slight difference in each child's ability, we are committed to making these classes as a fun way to get onto the snow and learn. If you would like faster progress and a more tailored experience for your children, then we can also offer private lessons bookable at a time to suit. **Please do not hesitate to call us for any help needed in completing this form. 07818671405**

Class times (Please tick): Morning Class: 9am Midday Class: 11.30 Afternoon Class: 2pm

LEVEL OF SKIER – Please see Ability Chart attached.

LEVEL OF PACKAGE REQUIRED - (Price does not include Ski pass. Pass is free for under 6 years old)

- A) Happy Feet Instruction Only- £30 per session B) Instruction and Hire £46 per session
 C) Rockhopper Instruction Only- £35 per session D) Instruction and Hire £51 per session

Name of Child/Children			
Date of Birth			
Package A or B or C or D			
Height (if hiring equip)			
Weight (if hiring equip)			
Shoe Size (if hiring equip)			
Ability: See Sheet attached advise if OTHER			
Does child have a season pass			
Any relevant medical conditions or special learning needs: Continue on separate sheet or call us if you would like to discuss. (including food allergies)			
Name of Parent/Guardian			
Address & Postcode			
Email address			
Telephone Numbers	Home:	Mobile:	
Emergency Name & No.			

I/we have read and accepted the booking conditions as available on our website

I/we agree that my child's photograph or the photograph of the child or young person for whom I am responsible, can be used for the purposes of press and publicity in connection with the Snowlife Awards, Happy Feet & Rockhopper Clubs or Freshtracks Glenshee, in connection with snowsports promotions and tourist related advertising.

Signature of Parent/Guardian (named above) _____

Please complete and return this form by post to Freshtracks Glenshee, ArdGreian, Balmoral Road, Rattray, Blairgowrie PH10 7AH. OR scan the form and email to info@freshtracksglenshee.co.uk.
 (BACS Details FRESHTRACKS GLENSHEE SORT CODE 80 22 60 ACCOUNT NUMBER 15905463)

Further Information:**Lift Passes:**

The Glenshee Ski Centre has a policy of giving free lift passes to children under 6. We will supply a lift ticket for your child/children as required so there is no need for you to visit the lift ticket office at Glenshee, we will then take payment if applicable at our reception.

Clothing and equipment:

Please visit our website for advice on clothing, we would recommend you bring a change of warm clothes for after the lesson. All children under Freshtracks Glenshee instruction must wear a ski helmet.

BASI Snowlife Awards

Snowlife Award Log books are priced at £2 and badges are also priced at £2, these costs are not included in the Happy Feet Instruction or Package price. More information is available at <http://www.basi.org.uk/docs/3808%20SNOWLIFE%20'13-web%20locked.pdf>

Ski School Meeting Place

Our ski school meeting place is on the opposite side of the road from the Cafe, on the left hand side of the Snowsports Instruction building. **Look for the Red and White Signs**

For lessons **starting at 9**, you need to be at the Ski School by **8.50am to register**.

For lessons **starting at 11.30**, you need to be at the Ski School by **11.20am to register**.

For lessons **starting at 2pm**, you need to be at the Ski School by **1.50pm to register**.

We would advise that children should have a snack and also take a visit to the loo **before the class**.

If you are hiring equipment from us, please remember to call in at our hire based at the Glenshee Pottery 14 miles North of Blairgowrie and 10 miles south of the Ski Centre.

Remember to leave enough time for journey to the Ski Centre and parking.

You should aim to be at the hire approx. 60-45 mins before your registration time.

Please do not hesitate to get in touch if you would like any other advice regarding the clubs or facilities at Glenshee.

We look forward to welcoming your family to the wonderful world of snowsports at Glenshee with the Freshtracks team. 07818671405 or email info@freshtracksglenshee.co.uk

Find your Ability

Level 1

This is my first time. I have never put skis on before either on snow or on a dry slope. I might have tried before but had no formal lessons.

Level 2

I have tried skiing before, on snow or on a dry slope. I understand what a "snowplough" is and have started to snowplough on the nursery area.

Level 3

I have tried skiing before, on snow or on a dry slope. I understand what a "snowplough" is and have started to snowplough turn on the nursery area.

Level 4

I can use the rope tow and can make 3 or 4 snowplough turns on the nursery area

Level 5

I can use the "dink dink" and can make 5 or 6 snowplough turns on the nursery area.

Level 6

I can use Claybokie Tow on my own and I can make a series of linked snowplough turns. I start my turn in a plough then finish the turn with my skis becoming more parallel.

If you cannot find your child's ability exactly within these levels please add a note to the application form or call us to discuss 07818671405